

Mr. Devon Morales Principal Ms. Tamarah Ellis AssistantPrincipal

29 Sept 2023

Dear Parent or Guardian:

This school year, your child will receive Sexual Health Education as required by the CPS Sexual Health Education Policy. The purpose of this education is to build a foundation of knowledge and skills for all students so that they can make the right choices for themselves now and in the future. This curriculum will also give our students important tools to recognize and report inappropriate behavior in order to keep them safe. The lessons for Grade 9 are:

- Lesson 1: Introduction to Deciding to be in a Healthy Relationship Unit Classroom Expectations
- Lesson 2: Whose Relationship is the Healthiest? Reviewing Relationship Characteristics
- Lesson 3: The DECIDE Decision-Making Model
- Lesson 4: Sexual Health Questions for Teenagers to Consider and Practice Asking
- Lesson 5: Sexual Orientation, Behavior, and Identity: How I Feel, What I Do, and Who I Am
- Lesson 6: Understanding Gender
- Lesson 7: Helping Others Make Positive Sexual Health Decisions
- Lesson 8: Options for Protection Review of STIs and Protection Methods
- Lesson 9: Creating Condom Confidence Review How to Use a Condom
- Lesson 10: What If ...? (Pregnancy Review)
- Lesson 11: They Love Me...They Love Me Not (Healthy vs Unhealthy Relationships and Safety)
- Lesson 12: It Wasn't My Fault Discuss Sexual Assault
- Lesson 13-14: Teaching Others How to Make Healthy Sexual Decisions with the DECIDE Model

We will be holding a(n) optional open house so that parents and guardians can learn more about the material and curriculum on Friday, September 13th, 2023 at Clemente High School from 4-5 PM in room 499. If you have specific questions about the material your child will be learning, please contact Lily Grills at Igrills@eriefamilyhealth.org. More details about what your child will learn can be found under "Parent/Guardian Resources" on the CPS website: cps.edu/sexualhealtheducation.

Throughout the unit, students will receive optional School-to-Home Connection activities to support their learning. These activities are not required, but we encourage families to complete them together. These activities can support important conversations between students and their parents or guardians.

In alignment with Illinois law, "No student shall be required to take or participate in any class or course in comprehensive personal health and safety and comprehensive sexual health education. A student's parent or guardian may opt the student out [of this education] by submitting the request in writing." (105 ILCS 110/3). No student with a written parental objection will be penalized for refusal to participate in any such course. If you would like to have your child excused from participation in one, some, or all lessons outlined above, please let me know in writing.

If you would like to have your child participate in this education, no further action is required.

Sincerely,

Devon Morales Principal